Outdoor Programs: Inspiring Girls to Appreciate Nature and Seek Adventure



Girl Scouts inspires girls to take action to change the world. Every day, Girl Scouts make a difference in the world because of you and your generosity.

Building a Girl-Led Future:

As we move together into the future during this extraordinary time, Girl Scouts is evolving and innovating to better support girls to take the helm. Your investment helps every Girl Scout prepare for a lifetime of leadership, adventure, and success. And, that's more essential today than ever before.

Success for girls is success for everyone—and they're just getting started. Help Girl Scouts power their potential and develop their skills to make a tangible, positive difference.

Together, we can champion the change-makers of today—and tomorrow. We can continue to build the future the world needs, and that future is female. <u>Join us</u>.

Since our founding, Girl Scouts has offered girls all kinds of outdoor experiences, from exploring their backyards to camping in the backcountry. Because getting outside has become even more crucial to girls' health during the pandemic, we've built on our long history of striving to ensure every Girl Scout who wants to enjoy nature can and does.

Studies show that our nation's youth isn't spending nearly enough time in the outdoors.

Long school hours, increased screen time, and structured activities restrict girls' ability to get outside and enjoy nature. This decreased activity and disconnection from the natural world harms their mental and physical health. Additionally, families of color experience inequities in outdoor access; for example, Black and Latino families consistently have fewer parks and trees in their neighborhoods than those of other races and ethnicities.

Guided by supportive adults, our high-quality outdoor programs offer girls exploration, discovery, adventure, and sisterhood—made easily available and beneficial to all girls. Our Outdoor badges, Leadership Journeys, Destinations (including programs focused on topics such as the environment through service-based travel), and nearly 400 camps across the country help girls develop skills, self-assurance, and a lifelong appreciation of the natural world. Girl Scouts of Greater Atlanta has three camp properties: one in metro-Atlanta, one south of the city and one north of the city. Each offers a specialized and unique experience to our girls, their parents and troop leaders. We offer programming throughout the year for our girls, their families and troops to experience.

This exposure to nature helps girls thrive physically, emotionally, and intellectually—and increases their overall happiness. When Girl Scouts get outdoors, they experience challenging and transformative moments and become advocates for our planet.

"My favorite part of camp was riding Dakota every day. My favorite counselor is A1. She is the most fun. The funniest memory is when we were canoeing and a fish jumped into our boat, we got it out with a paddle. I loved making friends and I want to come back next summer."

- Lydia, Girl Scout Junior





