

### **Cadette First Aid**

Find out how to deal with minor injuries and illnesses and how to tell when the problem is more serious.



1. Understand how to care for younger children
2. Know how to use everything in a first-aid kit
3. Find out how to prevent serious outdoor injuries
4. Know the signs of shock and know how to treat it
5. Learn to prevent and treat injuries due to weather

When you've earned this badge, you'll know how to take care of people in an emergency, including younger children in your care.

### **Senior First Aid**

Find out how to differentiate between minor and major injuries, provide emergency treatment in some life-threatening situations, and share important information about injuries or illness.



1. Find out how to perform triage
2. Know how to help someone with a head or neck injury
3. Learn how to use everyday objects to make splints
4. Recognize the signs of drug overdose and alcohol poisoning
5. Share your knowledge with others

When you've earned this badge, you'll know how to give first aid for life-threatening injuries and illnesses.

### **Ambassador First Aid**



Know how to handle injuries and other urgent medical situations that can happen outdoors.

1. Learn how to deal with medical emergencies in the wilderness
2. Research careers that save lives in extreme conditions
3. Find out how to care for a critically injured person
4. Know how to move an injured person
5. Explore real-life examples for handling wilderness emergencies

When you've earned this badge, you'll know more about how to provide first aid in extreme conditions.

Once your Girl Scout has completed her badge requirements, work with her troop leader to order the badge or purchase on your own. During this challenging time, our focus is to serve the Girl Scout community in any way we can, so we're offering free standard shipping on all [online orders](#)—no minimum