



Girl Scouting at Home for Brownies

Earn My Family Story

Week 6: Responsible for What I Say and Do

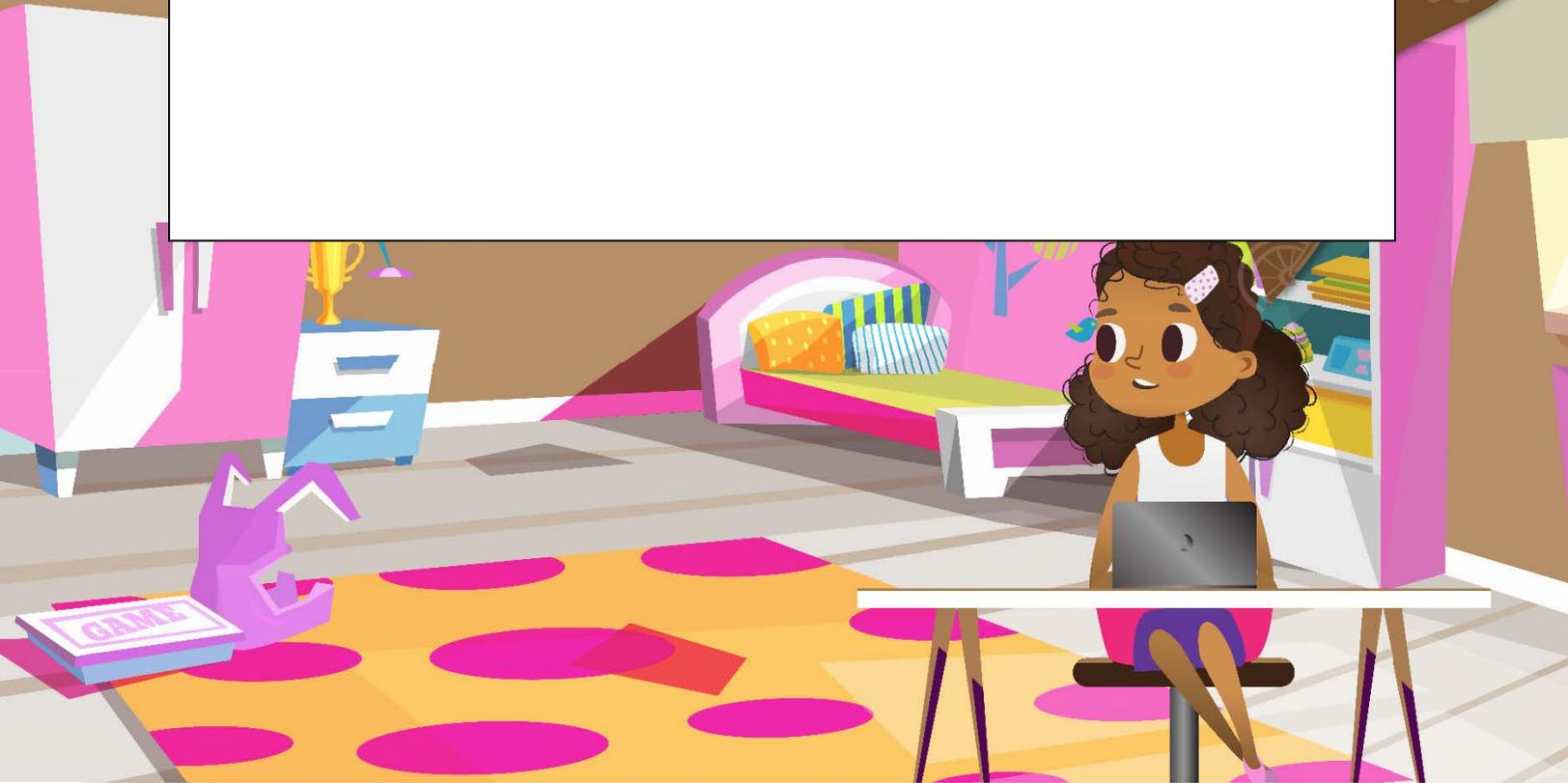
Find out more about your family – the people you love and who love you.

1. Explore family stories
2. Know where your family is from
3. Make a story tree
4. Find an object that means something to your family
5. Share your family story

This week's video will help you with badge requirements 1 through 3.

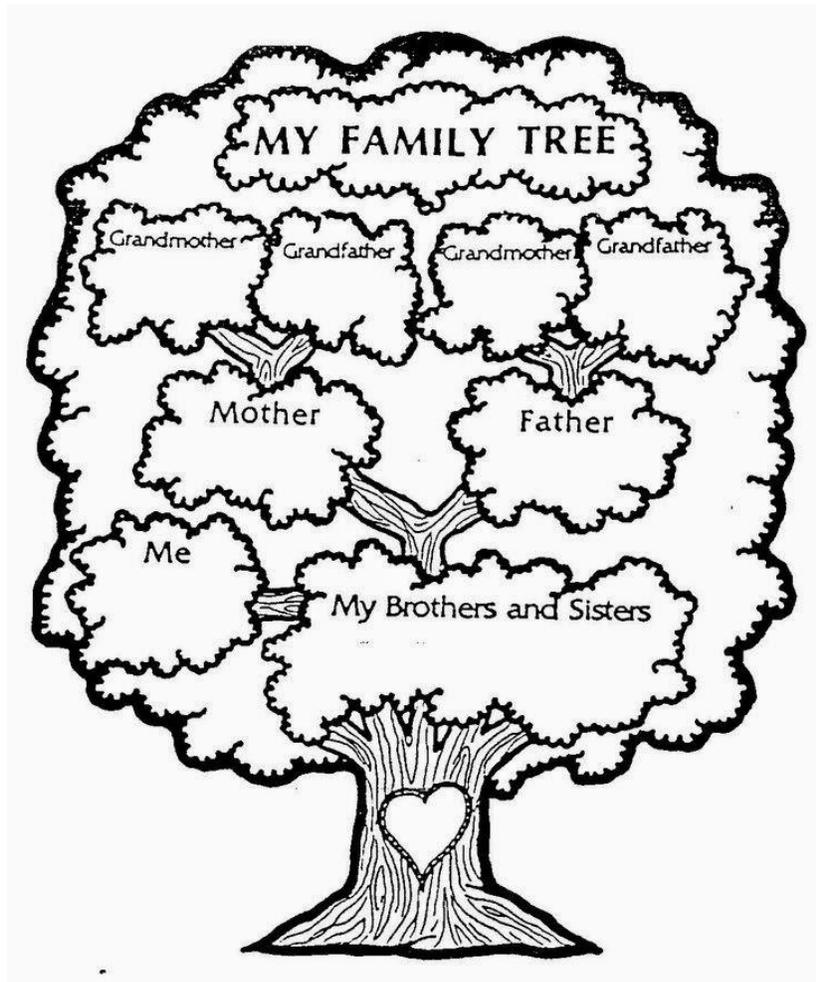
When you've earned this badge, you'll know how to tell your family story.

Once your Girl Scout has completed her badge requirements, work with her troop leader to order the badge or purchase on your own. During this challenging time, our focus is to serve the Girl Scout community in any way we can, so we're offering free standard shipping on all on-line orders – no minimum.



Make Your Family Tree – Video Instructions

- 1) Grab art supplies – Big paper or poster board, construction paper, markers, scissors, glue, and things to color with like crayons or markers.
- 2) Pick out your favorite season (summer, fall, spring, or winter) and your favorite type of tree, and make your tree look like that.
- 3) Use brown construction paper to draw out the tree trunk and green to make the leaves. Cut these out of the construction paper and put them on your poster board.
- 4) Print out photos of your family or draw portraits yourself! Put these on the tree, with yourself in the middle.



A Blast from the Past! Create Your Own Time Capsule Challenge

Save memories of what you do and say by creating a time capsule. A time capsule is a container filled with small but meaningful items. Time capsules are keepsakes that remind you of everyday life, especially “little things” that are easily forgotten. Your time capsule can be based on good deeds, thoughts, or the exciting moments you will create this summer. To create your time capsule, you will need the following materials:



- Recycled jar, oatmeal container, or any box with a lid
- Retrieval Date (a time when the capsule will be open)
- Location (place to store your time capsule)
- *Optional items to decorate your time capsule includes:
 - Crayons, Markers, Coloring Pencils
 - Construction Paper
 - Paint
 - Ziploc bags to preserve photos
 - Labels, Stickers, Stencils, other decorations

You can place several different items into your time capsule, including

- The Girl Scouts Acts of Kindness Challenge (On the next page!)
- Items found on walks: rocks, leaves, flowers (remember to dry and press first)
- Family photos or a special drawing of your family
- A letter of promises to yourself
- Your favorite Girl Scouts SWAP or item
- A drawing or image of your handprints
- Other trinkets or items that you want to remember

Once your container is filled, seal it and hide it away for a month, year, or however long you want, but don't forget about it! Leave yourself a note by your bed, notebook, diary, or phone to remind you when to reopen your time capsule.

Go a step further by getting your family to items and make it a yearly tradition where you collect and save moments together to place in a family time capsule.

ACTS OF KINDNESS

CHALLENGE

Directions: Complete the challenge by completing any 4 acts of kindness vertically, horizontally, or diagonally on the chart below. Be sure to add your completed challenge to your time capsule. This will be a great way to reflect on all the wonderful things you said and did.

Ask someone what's their most memorable act of kindness	Give someone a compliment	Help make dinner	Look in the mirror and give <i>yourself</i> a compliment.
Say thanks—just thanks—to anyone, for no reason.	Illustrate what kindness means to you	Tidy your bedroom without being asked	Write a letter to a family member describing why you love them
Start a piggy bank for a cause and help an organization	Ask if someone needs help	Be a role model	Teach someone something new
SMILE!	Put a post-it note with a positive message like, "Today will be awesome" on a random door.	Before you go to bed, think of three things you're grateful for	Do a chore without someone asking