



Troop/Group Camp Activities

Camp Contact	Camp Director	Camp Program Coordinator	Phone #
Camp Meriwether	cmwdirector@gsgatl.org	rkinrade@gsgatl.org	770-927-1020
Camp Misty Mountain	cmmdirector@gsgatl.org	mmatthews@gsgatl.org	706-629-1030
Camp Timber Ridge	ctrdirector@gsgatl.org	jluescher@gsgatl.org	770-702-9070

Availability Dates

Dates vary by location. Activities available from August - May. Consult the troop camping availability chart online for troop camping. Contact the camp director for day activities.

MM = Misty Mountain **MW** = Meriwether **TR** = Timber Ridge

Outdoor Fun: Activities available at all camps unless otherwise indicated

Instructor Led Activities:

These activities are led by trained or certified staff. All equipment provided by council. Troops may request 1-3 instructor led activities. **Typically, a troop will be placed in two of these activities.** *Carefully look at the age/level requirements for each activity.*

Activity	Requirements	Girl Scout Fee	Non Profit Fee	Corporate Fee
Archery	Grades 4+ Min 8/Max 12	\$8/person	\$12/person	\$16/person

Description: Go for the bull's eye. After a safety orientation, an archery instructor will guide the participants through practice shooting. This activity lasts about one hour.

Activity	Requirements	Girl Scout Fee	Non Profit Fee	Corporate Fee
Badge Work	Grades K+ Min 8/Max 24	\$8-\$40/person	N/A	N/A

Description: Is there a badge or Journey activity your troop would like to work on, but you're not sure on how to facilitate some of the requirements? Maybe you just don't have the resources or certifications needed to do some of the activities? We will work with your troop to create a workshop to fit your needs. Please contact the camp director to discuss details. This session lasts one to two hours, depending on the activities.

Activity	Requirements	Girl Scout Fee	Non Profit Fee	Corporate Fee
Canoeing	Grades 2+ (Grades 2 & 3 must have an adult in the canoe at MM, PA, PV) Min 8/Max 12	\$8/person	\$12/person	\$16/person

Description: Attend a brief safety orientation, then glide into the lake in your canoe. A canoe instructor will oversee this activity. All participants must wear personal flotation devices and shoes. This activity lasts about one hour. Activity will be limited between November and February due to weather and lake levels.

Activity	Requirements	Girl Scout Fee	Non Profit Fee	Corporate Fee
Camp Crafts	Grades K+ Min 8/Max 24	\$10-\$12/person based on craft choice	\$15-\$24/person based on craft choice	\$20-\$30/person based on craft choice

Description: An instructor will facilitate a craft of your choice, or tell us the age of your girls and let us surprise you! Choices include leatherwork, nature crafts, basket weaving, woodworking, soap making, candle making, tie dye, painting, beading, jewelry making, kitchen cosmetics, and more. (Please give us a call if you're looking for a particular craft!) This activity lasts an hour. Crafts vary by camp. At CMW and CTR materials included, at CMM purchase your materials separately.

Activity	Requirements	Girl Scout Fee	Non Profit Fee	Corporate Fee
Hike	Grades K+ Min 8/Max 24	\$5/person	\$7.50/person	\$10/person

During the day, take a guided hike and learn a little about the history, flora and fauna of and around camp or have a completely different view of camp on a night hike. Consult with camp director on the best option for your group. This activity lasts about one hour.

Activity	Requirements	Girl Scout Fee	Non Profit Fee	Corporate Fee
Mudpuppies	Grades 2+ Min 8/Max 24	\$8/person	\$12/person	\$16/person

Explore a body of water at camp and the creatures that live in it. In this lake ecology class be prepared to get wet and muddy. Only offered in September, October, April and May. This activity lasts about one and one-half hours.

Activity	Requirements	Girl Scout Fee	Non Profit Fee	Corporate Fee
Outdoor Skills	Grades K+ depending on activity Min 8/Max 24	\$8-25/person	\$12- \$37.50/person	\$16-\$32/person

An instructor will teach an outdoor skill of your choice, or tell us the age of your girls and let us surprise you! Choices include fire building, shelter building, water purifying, plant identification, orienteering, knife safety or knots. This activity lasts an hour.

Activity	Requirements	Girl Scout Fee	Non Profit Fee	Corporate Fee
Riflery	Grades 6+ MM Only Min 8/Max 12 <i>CMM Only</i>	\$8/person	\$12/person	\$16/person

Go for the bull's eye. After a safety orientation, a riflery instructor will guide the participants through practice shooting with pellet guns. This activity lasts about one hour.

Activity	Requirements	Girl Scout Fee	Non Profit Fee	Corporate Fee
S'mores & Sing Along	Grades K+ Min 8/Max 24	\$8/person	\$7.50/person	\$10/person

Gather around the campfire for some Girl Scout songs and marshmallow roasting! S'more making supplies are provided while the camp staff leads the sing-along. Group participation is a must! Please plan for one hour for this activity.

Activity	Requirements	Girl Scout Fee	Non Profit Fee	Corporate Fee
Swimming	Grades K+ Min 8/Max 25*	\$8/person	\$12/person	\$16/person

Bring your swim suit, towel, sunscreen, and water bottle, and take a dip in the pool! We'll provide the lifeguard, but we will need at least 1 adult from every troop to act as a watcher during your swimming activity. (Adults may be asked to take turns being watchers during the activity.) This session lasts an hour. August, September and May only. May and September may be limited at CMM due to weather.

Activity	Requirements	Girl Scout Fee	Non Profit Fee	Corporate Fee
Weird Science	Grades K+ Min 8/Max 24	\$10-\$15/person	\$15- \$22.50/person	\$20-\$30/person

Girls will get to explore science in a fun way from exploding cokes, making gak/playdoh, making ice cream, their own lava lamps, and more. Girls will get to about 2-3 experiments during their time with us. We can decide what most interests your girls and the staff will provide them with the experience.

***A higher maximum may be possible, please contact the camp director for specific options.**

Adventure Activities & Challenge Course: Available at MM, MW and TR

Activity	Requirements	Girl Scout Fee	Non Profit Fee	Corporate Fee
Cooperative Games	Grades 2-3 Min 10/Max 20	\$5/person	\$7.50/person	\$10/person

Have fun and work together! This program is designed specifically for the younger girls. The group will be presented with games and activities that encourage the girls to work together to be successful. Example activities may include: giants, wizards, and elves, wooshball, and more. This activity lasts about an hour.

Activity	Requirements	Girl Scout Fee	Non Profit Fee	Corporate Fee
Teambuilding 101	Grades 4+ Min 8/Max 16	\$15/person	\$22.50/person	\$30/person

Does your troop need to spend time working together? Teambuilding 101 is for you! It includes cooperative games and activities to promote leadership skills such as trust, communication, self-esteem, and positive risk-taking habits. The girls will face several challenges on the ground and if the group is ready, up to 6 feet in the air (the low challenge course). This activity includes cooperative games. This activity lasts about three hours.

Activity	Requirements	Girl Scout Fee	Non Profit Fee	Corporate Fee
Climbing Wall	Grades 4+ Min 8/Max 16 <i>CMW Only: Grades 2+</i>	\$20/person	\$30/person	\$40/person

Challenge Yourself! Gear up with a harness and helmet and climb the rock wall. One to two girls will climb at a time while the rest assist with safety systems and offer encouragement. Participants must wear close-toed shoes and long shorts or pants. Activity includes one climb per participant, ground school, and cooperative game. This activity lasts about two to three hours based on the size of the group.

Activity	Requirements	Girl Scout Fee	Non Profit Fee	Corporate Fee
Flying Squirrel	Grades 4+ Min 8/Max 16 <i>CMW Only</i>	\$20/person	\$30/person	\$40/person

Take a ride as other members of your group help you "fly" 20 - 30 feet into the air, secured by the belay cable. A complete safety and harness system is provided and worn at all times. This outdoor activity lasts one to two hours, depending on the size of the group. Participants must wear closed-toed shoes and long shorts or pants. This activity includes at least one fly per person, ground school, and a cooperative game. This activity lasts about three hours.

Activity	Requirements	Girl Scout Fee	Non Profit Fee	Corporate Fee
High Challenge Course	Grades 6+ Min 8/Max 16	\$30/person	\$45/person	\$60/person

Participants will climb 20 – 35ft in the air and complete at least two elements. A belay safety system is in place at all times. Climbing helmets are provided for participants. All participants must wear close-toed shoes and long shorts or pants. This activity includes two climbs, ground school, and a cooperative game. This activity lasts about 2-3 hours.

Activity	Requirements	Girl Scout Fee	Non Profit Fee	Corporate Fee
Intermediate Challenge Course	Grades 4+ Min 8/Max 16 <i>CTR Only</i>	\$30/person	\$45/person	\$60/person

Looking for a climbing adventure for your Juniors? Then this is the session for you! Participants will climb 20 – 35ft in the air and complete at least 2 challenges. A belay safety system is in place at all times. Climbing helmets and harnesses are provided. All participants must wear closed toed shoes and long shorts or pants. This activity includes two climbs per participant, ground school, and a cooperative game. This activity lasts about three hours.

Activity	Requirements	Girl Scout Fee	Non Profit Fee	Corporate Fee
Swing by Choice	Grades 3+ Min 8/Max 16 <i>CTR Only</i>	\$20/person	\$30/person	\$40/person

Take a ride as other members of your group help you and a buddy "fly" 20-30 feet in the air, secured by the belay cable. A belay safety system is in place at all times. Climbing helmets and harnesses are provided. All participants must wear closed toed shoes and long shorts or pants. Activity includes 2 swings per person. Activity lasts about two hours.

Activity	Requirements	Girl Scout Fee	Non Profit Fee	Corporate Fee
Zip Line	Grades 6+ Min 8/Max 16	\$30/person	\$45/person	\$60/person

Climb up into the high challenge and then take a ride down the zip line. A belay safety system is in place at all times. Climbing helmets are provided for participants. All participants must wear close-toed shoes and long shorts or pants. This activity includes one zip per person, ground school, and a cooperative game. This activity lasts about 2-3 hours.

Equestrian Activities: Available at MM & MW

Please review the GSGATL Safety Activity Checkpoints with your girls prior to your horseback riding experience. Campers must show permission slips to the instructor before mounting. Activities may be altered or cancelled due to severe weather. Programs will take place in light rain, wind or chilly weather so please have your girls dress accordingly. If your activities must be cancelled due to severe weather you will be refunded. Adult supervision, including a first aider, is required at all Equestrian activities. Tag-alongs are not allowed to participate, and should be supervised outside the barn area by a parent or guardian. All riders must wear long pants and a helmet. Participants who are not on lead lines must also wear boots with a straight edge ½” –1” heel. The sole of the shoe should be smooth, not like a waffle sole found on most hiking boots. A limited number of loaner boots are available at the barn. Girls will not be allowed to ride without proper shoes or long pants. Girls participating in Pet a Pony and Intro to Horsemanship may wear tennis shoes. Camp will provide safety approved riding helmets. Girls who wear their hair in high ponytails, banana clips, etc. will have to remove them to wear a helmet.

Activity	Requirements	Girl Scout Fee	Non Profit Fee	Corporate Fee
Pet A Pony	Grades K-3 Min 5/Max 12 (Larger troops may split into two groups)	\$15/person	\$22.50/person	\$30/person

This activity includes hands-on experience in how to groom a pony, followed by a short pony ride. Long pants are required, but tennis shoes are acceptable. This activity lasts about one hour.

Activity	Requirements	Girl Scout Fee	Non Profit Fee	Corporate Fee
Intro to Horsemanship	Grades 2-5 Min 5/Max 12 (Larger troops may split into two groups)	\$15/person	\$22.50/person	\$30/person

This program is designed for girls who have had little or no experience with horses or who might be unsure about being around large animals. Learn how to groom, mount, dismount, stop, start and steer a horse. Practice controlling the horse while taking a pony ride. Long pants are required, but tennis shoes are acceptable. This activity lasts about one hour.

Activity	Requirements	Girl Scout Fee	Non Profit Fee	Corporate Fee
Pony Trial	Grades 1-3 Min 5/Max 12 (Larger troops may split into two groups) Pre-requisite: Pet a Pony or Intro to Horsemanship	\$20/person	\$30/person	\$40/person

Play fun barn games, and learn how to stop, start and steer a horse, then pair up with an equestrian volunteer who will lead your horse on a short wooded trail close to the barn. Boots are required for this activity. Participants will remain on a lead line, regardless of prior equestrian experience. This activity lasts about one hour.

Activity	Requirements	Girl Scout Fee	Non Profit Fee	Corporate Fee
Small Group Lessons	Grades 2+ Min 1/Max 4 Pre-requisite: Heads up Heels Down	\$40/person	\$60/person	\$80/person

Participants must have the ability to independently control a horse at a walk. Improve your riding and ground skills including horse safety, control and balance. There will be a maximum of four riders grouped by similar skill levels in each lesson. Proper shoes and long pants are required. This activity lasts about one hour.

Activity	Requirements	Girl Scout Fee	Non Profit Fee	Corporate Fee
Heads Up, Heels Down	Grades 3-5 Min 5/Max 10 (Larger troops may split into two groups) Pre-requisite: Pet a Pony or Intro to Horsemanship	\$20/person	\$30/person	\$40/person

This program is for girls who are ready to ride without the lead-line. Girls will practice skills on our barrels, participate in games to help improve understanding of basic horsemanship, and enjoy a 20 minute riding lesson in the arena. Proper shoes and long pants. This activity lasts about an hour.

Activity	Requirements	Girl Scout Fee	Non Profit Fee	Corporate Fee
Mounted Games	Grades 4-5 Min 5/Max 10 (Larger troops may split into two groups) <i>CMW Only</i>	\$25/person	\$37.50/person	\$50/person

Participants must have the ability to independently control a horse at a walk. Enjoy a series of fun relay races and equestrian control exercises ... Camp Meriwether Style! This activity lasts about one hour.

Activity	Requirements	Girl Scout Fee	Non Profit Fee	Corporate Fee
Horseback Riding Badge	Grades 4-5 Min 5/Max 10 (Larger troops may split into two groups) <i>CMM Only</i>	\$15/person	N/A	N/A

Junior Troops, complete the Junior Horseback Riding Badge by registering for this 1 hour-long session *in addition* to the riding session most appropriate for your girls' riding ability (popular sessions troops often choose are Intro to Horsemanship, Heads Up/Heels Down, or Troop Riding Lesson. Be sure to check the descriptions to choose the one that matches your girls' skills and experience). Completing the Riding session and this one hour add-on will result in completing the requirements for the badge. In most cases, the Riding and the Badge session will be scheduled in one large time slot at camp.

Activity	Requirements	Girl Scout Fee	Non Profit Fee	Corporate Fee
Troop Riding Lessons	Grades 4+ Min 5/Max 10 Pre-requisite: Heads Up, Heels Down	\$25/person	\$37.50/person	\$50/person

Participants must have the ability to independently control a horse at a walk. Improve your basic riding skills including horse safety, control and balance. Proper shoes and long pants are required. This activity lasts about one hour.

Activity	Requirements	Girl Scout Fee	Non Profit Fee	Corporate Fee
Trail Ride	Grades 4+ Min 5/Max 10 Pre-requisite: Troop Riding Lesson and ability to control horse.	\$25/person	\$37.50/person	\$50/person

Participants in this activity must have previous riding experience and be able to lead a horse, mount, dismount, and control the horse at the walk. For safety reasons, all riders will remain in the ring for a group riding lesson if any of your troop members cannot pass the riding control test. The riding instructor is responsible for the safety of each group and will determine whether the group is ready to go on the trail. Proper shoes and long pants are required. This activity lasts about one hour. The group will spend approximately 30 minutes in the arena and reviewing safety procedures, and 30 minutes on the trail.

Activity	Requirements	Girl Scout Fee	Non Profit Fee	Corporate Fee
Extended Trail Ride	Grades 4+ Min 5/Max 10 Pre-requisite: Troop Riding Lesson and ability to control horse <i>CMM Only</i>	\$40/person	\$60/person	\$80/person

Participants in this activity must have previous riding experience and be able to lead a horse, mount, dismount, and control the horse at the walk. For safety reasons, all riders will remain in the ring for a group riding lesson if any of your troop members cannot pass the riding control test. The riding instructor is responsible for the safety of each group and will determine whether the group is ready to go on the extended trail. Proper shoes and long pants are required. This activity lasts about two and a half hours. The group will first review safety procedures and demonstrate competency in the arena. Time on the trail is approximately 1 hour and 15 minutes.

Troop Led Activities: Activities available at all camps unless otherwise indicated

We provide the materials and written direction allowing you to complete the activities at your own time and pace.

Activity	Requirements	Girl Scout Fee	Non Profit Fee	Corporate Fee
Animal Tracking	Grades 2-5	\$30/kit	\$45/kit	\$60/kit

Become an animal sleuth and learn how to identify various animal tracks. This kit includes everything you need in order to learn how to identify animal tracks (e.g. plaster to make casts of tracks you find or create and information on different species indigenous to camp and/or environments that similar to those found at our camp).

Activity	Requirements	Girl Scout Fee	Non Profit Fee	Corporate Fee
Interpretive Trail	All Grades <i>CMM Only</i>	Free	Free	Free

Check out Interpretive Trail Book at Parking Lot Pavilion. Explore the trails at Camp Misty Mountain and learn about local flora/fauna as well as history of Zone, GA. There are 8 guide books available to troops at the parking lot pavilion. These books are shared by troops camping during the weekend, please only take one and return it as soon as possible for other troops to use. See if you can find the "mystery hole" or take a look at what the beaver are up to on Pocket Creek at the boardwalk.

Activity	Requirements	Girl Scout Fee	Non Profit Fee	Corporate Fee
Karaoke Party	All Grades <i>Karaoke can only be brought to Dandelion & Whitney Grove</i> <i>CMW Only</i>	\$40/night	\$60/person	\$80/person

Turn down the lights and turn up the music! We'll bring the karaoke equipment to your cabin for the weekend. Your girls will be the stars as they choose from classic sing-alongs to modern pop and country hits. American Idol, eat your heart out!

Activity	Requirements	Girl Scout Fee	Non Profit Fee	Corporate Fee
Letterboxing: Stamp Making Kit	Grades 4+	\$8/person	\$12/person	\$16/person

Wonder what letterboxing is all about? Then check out our kit and we will teach you. Letterboxing is a treasure hunt to find a hidden container located in a specific place. Once you find it you will exchange rubber stamp images with the container. It is important to make your stamp prior to setting out on your treasure hunt. In the kit you will find the supplies for each girl to make their own trail stamp, detailed instructions on letter boxing, clues to the letterboxes, information on using a compass and games to play.

Activity	Requirements	Girl Scout Fee	Non Profit Fee	Corporate Fee
Letterboxing: On Your Own	All Grades	Free	Free	Free

Follow the written clues to a hidden container and then exchange your rubber stamp image with the hidden containers stamp. The letterboxes are hidden at our five resident camps; Camp Meriwether, Camp Misty Mountain, Camp Pine Valley and Camp Timber Ridge. Each camp director will provide you with all the materials you will need to go letterboxing.

Activity	Requirements	Girl Scout Fee	Non Profit Fee	Corporate Fee
Spatastic	All Grades <i>CTR Only</i>	\$12/person	\$18/person	\$24/person

Want to learn how to make soap? Have a manicure party without bringing all the supplies? Give each other facials? Then we have the kit for you. In this kit you will find all the supplies to make two bars of homemade soap each, give each other manicures and facials, make jewelry and more. All you need to supply are the towels!

Is there another activity or service project your troop would like to do at camp? Please contact the camp director to arrange customized camp activity options for your troop!

updated 2.7.19 mw